



At The Table Safety Guidelines

The following practices will be followed at all At The Table Events:

- Wear face masks at all times except when eating or drinking beverages
- Frequently wash your hands with soap and water for 20 seconds
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Practice good respiratory etiquette, including covering coughs and sneezing into your elbow/upper sleeve
- Avoid close contact (within 6 feet for a total of 15 minutes or more over a 24-hour period)
- Stay home if sick:
 - o Fever, chills, sore throat
 - Cough or shortness of breath within the past 24 hours
 - o Contact with a confirmed COVID-19 individual within the past 24-48 hours
 - o Temperature of 100 degrees or more within the past 24 hours
- Practice social distance at all At The Table events (maintain a 6 feet distance between individuals)

The following PPE (personal protective equipment) items will be available at all At The Table Events for sanitation purposes:

- Disinfectant Spray
- Disinfectant Wipes
- Hand Sanitizer
- Disposable Plastic Gloves
- Thermometer to take temperatures